

HARROW DOMESTIC AND SEXUAL ABUSE FORUM

RESOURCE SHEET

LOCAL

IDVA at Victim Support Police Based: 02087335439 Court Based: 02084594814

IDVA at Women's Centre 07764 582 194

ISVA at WISH Centre 0208 416 7277 or 07527 187 177

Harrow Children and Families Service 0208 901 2690

Safeguarding Adults Services – *empowering and protecting an “adult at risk’s” right to live in safety, free from abuse, harm, neglect or exploitation. Safeguarding Adult duties apply to any adult who:*

- *has needs for care and support (whether or not the local authority is meeting any of those needs) and;*
- *is experiencing, or at risk of, abuse or neglect; and*
- *as a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of abuse or neglect.*

*“Adult at Risk” is the term commonly used to describe such individuals who (potentially) include older people, people with learning disabilities, physical disabilities, mental health problems and carers. We're here to help, so if you or someone you know is being abused, harmed or exploited, please call Harrow's Safeguarding Adults Team on **020 8420 9453***

The WISH Centre – *therapy for children and young people ages 10-19 who have experienced domestic violence, abuse, neglect, self-harm and historical child abuse. Outreach and advocacy support for young people at risk including text based and out of hours support. Peer mentoring and support group for teenage girls ages 13-19 who self-harm. Online and support group for young women ages 19-25 with a history of self-harm, suicide ideation, harmful behaviours.*

*ISVA at WISH Centre 0208 416 7277 or 07834 477 979 Advocacy and therapeutic support for male and female (10-25 years) victims of rape, sexual assault, child abuse, sexual violence, child sexual exploitation, FGM, internet grooming. **0208 416 7277***

Harrow Housing Team 0208 424 1093

Harrow Women's Centre *For information, welfare rights, legal advice, counselling and support. **0208 422 1100***

Harrow Police Community Safety Unit 0208 733 3462

Harrow Drug and Alcohol Service COMPASS 0208 861 2787

The WISH Centre 0208 416 7277

Harrow Citizens Advice Bureau 0208 427 9477

Harrow Association of Disabled People 0208 861 9920

Women and Girls Network counselling service- 0808 801 0660 (Freephone)

Women and Girls Network Freephone Advice Line- 0808 801 0660

Women and Girls Network Freephone Sexual Violence Helpline- 0808 801 0770

West London Rape Crisis 0208 567 7347

Samaritans (Harrow) 020 8427 7777
Job Centre Plus 0845 604 3719
Harrow Probation Office 020 7 427 7246
Southall Black Sisters 020 8571 9595
Young People's Advocate – Kala Mistry 0208 416 8794

PAN LONDON

Ascent West London Advice Hub- 0808 801 0660 (Freephone)
Havens Sexual Assault Service 0203 312 1101
Caryl Thomas Clinic (Sexual Health/Contraceptives) 0208 863 7004
Hestia Women's Aid 0207 378 3100

REGIONAL

NAWP- Newham Asian Women's Project 020 8472 0528

NATIONAL

Domestic Violence 24 hour Helpline 0808 2000 247
Forced Marriage Unit 0207 008 0151
LGBT Helpline Broken Rainbow 0300 999 5428
Men's Advice Line 0808 801 0327
NSPCC 0808 800 5000
Childline 0800 1111
Stalking Helpline 0808 802 0300
Female Genital Mutilation Helpline 0800 028 3550
EACH Drug/Alcohol Counselling 020 861 3884
Dawn Counselling and Support for Women 0208 427 6796
First Steps to Freedom for Phobias, OCD, Anxiety, Panic Attacks, Anorexia and Bulimia 0192 686 4473
Deaf Hope Text: 0797 035 0366 Voice/Minicom: 020 8772 3241
Respect – *advice to help perpetrators stop violence* 0808 802 4040
Ashiana Project – *help for women from the Asian, Turkish and Iranian community* 0208 539 0427

IKWRO - Iranian and Kurdish Women's Rights Organisation 020 7920 6460
WTAA - Women Together Against Abuse 020 7920 6460
Jewish Women's Aid 020 8445 8060

Domestic Abuse service for Arabic speaking Women 020 8741 4383
Refuge – *Offers emergency accommodation and support for women and children experiencing domestic violence* Refuge domestic violence helpline for London – 24 hour London based 08705 995 443

Women's Aid Federation of England – Offers support, advice and information on all aspects of domestic violence Website: www.womensaid.org.uk

Rights of Women – Works to attain justice and equality by informing, educating and empowering women about their legal rights **020 7251 6577**

Website: www.rightsofwomen.org.uk

Victim Support – Offers information and support to victims of crime, whether or not they have reported the crime to the police **0845 3030900**

Kiran Womens Aid – Kiran Asian Women's Aid provides safe, temporary accommodation for Asian women and their children escaping domestic violence. It offers confidential advice for women fleeing various forms of abuse including physical, mental and sexual abuse, or from financial exploitation, these abuses can arise within a personal relationship or within extended families **0208 558 1986**

Email: kiranawa@talk21.com

Black Association of Women Step Out (BAWSO) – This organisation works with black women who have experienced or are experiencing domestic violence **029 2043 7390**

Chinese Information and Advice Centre (CIAC) – Offers information on family issues, domestic violence and immigration **020 7692 3697** Website: www.ciac.co.uk

Action on Elder Abuse **020 8765 7000** Website: www.elderabuse.org.uk

Hidden Hurt - Domestic Abuse Information – This site has been written by a survivor of domestic violence, and provides advice and information www.hiddenhurt.co.uk

The Tulip Project – Supports parents who have experienced violence at the hands of their children **0151 637 6363**

The Royal College of Midwives - Domestic Abuse in Pregnancy – Guidelines for midwives to learn how to recognise the signs of domestic violence

Barnardo's – Barnardo's helps children, young people and their families to overcome the most severe disadvantages such as abuse, homelessness and poverty Website: www.barnardos.org.uk

The Hideout – Website for children and young people to inform them about domestic violence, to help them identify whether it's happening in their home, and to provide indirect and informal support Website: www.thehideout.org.uk

Hate Crime Reporting Service at Harrow Equalities Centre.

A community based, third party reporting centre. To report hate incident or hate crime please call **Harrow Equalities Centre** on **0208 427 6504** or **Stop Hate UK** -24 hour free helpline on **0800 138 1625** for information and advice; follow up with the police, advocacy and referral to other agencies. pratima@harrowequalitiescentre.org.uk

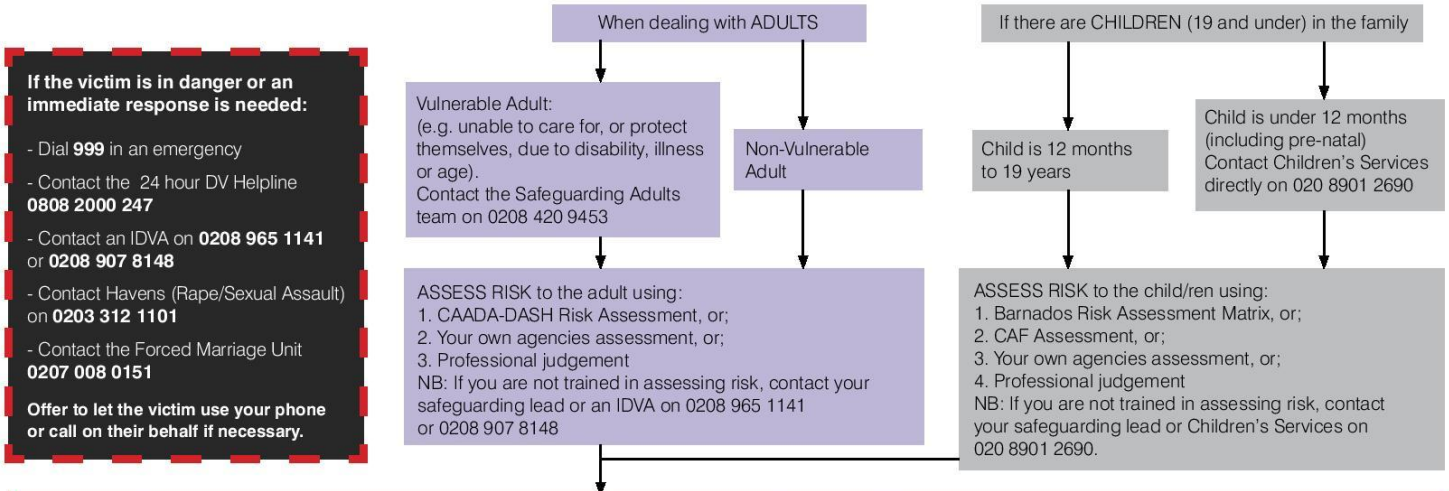
Responding to Domestic & Sexual Violence: A Guide for Professionals

(DSV includes: Forced Marriage, FGM, honour based violence, DV, sexual assault/rape, stalking/harassment, trafficking, exploitation & prostitution)

This guide has been produced to enable you to provide children and adults who are at risk of/or are experiencing domestic & sexual violence, with help and support.

WHAT YOU NEED TO DO

Ensure your outcome is ALWAYS to increase safety for the victim & their children.



Responding to Domestic & Sexual Violence: A Guide for Professionals

Here is a list of the potential signs that abuse is taking place, the appropriate risk assessment and your response.

	Domestic Violence	Sexual Violence	Forced Marriage & Honour Based Violence	Female Genital Mutilation	Prostitution & Sexual Exploitation	Trafficking & Sexual Exploitation	Stalking & Harassment
Recognise (Potential Indicators)	Adult: <ul style="list-style-type: none"> Always missing appointments Withdrawn Distressed Partner always with them Evidence of injuries Substance Misuse Children in Family: <ul style="list-style-type: none"> Use violence to solve problems Self harm Low self esteem Truancy Poor school performance Withdrawn PTSD symptoms Running away Substance misuse Bed wetting Temper tantrums Anxious Disobedient 	<ul style="list-style-type: none"> STI Unwanted pregnancy Physical injuries, bruises, bleeding from genital areas Abdominal or breast pain Self destructive behaviour Sleep disturbance or nightmares Acting out Saying they 'have a secret' Inappropriate sexual play Fear of certain people/situations Sexual aggression Unexplained money or gifts Withdrawal Eating issues 	<ul style="list-style-type: none"> Appears anxious, depressed, withdrawn Taken to doctor for examination Self harm Attempted suicide Acid attack Early/unwanted pregnancy FGM Siblings forced into marriage Running away DV or SV Not allowed to work Persistent absence Poor school/work performance Prevented from further education Sudden engagement announcements Surveillance by family members Other siblings reported missing Threats to kill/Attempts to kill 	<ul style="list-style-type: none"> Level of family's integration into the UK Daughter or sister of a woman/girl who has been subjected to FGM Girls withdrawn from PSHE Girl makes reference to FGM A female elder from community overseas is visiting Girl talks about 'special procedure' or 'becoming a woman' Girl talks about a long holiday to country of origin (which is a high risk country) Already taken place, sitting, standing, long periods of time in bathroom, prolonged absence 	<ul style="list-style-type: none"> Unexplained absence from school Presence of older boyfriend Access to material things they can't afford Substance Misuse Missing for days at a time Sexualised behaviour Secretive Changes in behaviour STI/unwanted or early pregnancy Bruises DV and Family breakdown Poor physical & sexual health Sexual Violence/rape Homelessness 	<ul style="list-style-type: none"> Excessive fear Much older boyfriend Adult is not a legal guardian History of going missing No money but has a mobile False documents or entered the country illegally Not enrolled at school or with GP Reluctant to provide personal details Response seems coached Adult not a legal guardian but insists on staying with child Child never in when you visit Symptoms of abuse 	<ul style="list-style-type: none"> Hyper-intimacy e.g. persistent phone calls, letters or texts Surveillance or pursuit Intimidation, harassment Vandalising property Assault/violence Following Waiting outside home or workplace Perpetrator gathers images/photos of the victims without consent Threats to family, friends, pets, property Unwanted gifts
Risk Assess (RA)	1.CAADA-DASH 2.Barnado's DV-RIM	1.CAF Assessment 2.Professional judgement	1.CAF Assessment 2.Professional judgement	1.CAF Assessment 2.Professional judgement	1.CAF Assessment 2.Professional judgement	1.RA Matrix for Trafficked Children 2.CAF Assessment 3.Professional Judgement	1.CAF Assessment 2.Professional judgement
Refer	<ul style="list-style-type: none"> Police MARAC IDVA Children's Services 	<ul style="list-style-type: none"> Police ISVA Havens -SARC Rape Crisis Children's Services 	<ul style="list-style-type: none"> Police Children's Services Forced Marriage Unit MARAC Forced Marriage Guidelines 	<ul style="list-style-type: none"> Police Children's Services Multi Agency FGM Guidelines MARAC 	<ul style="list-style-type: none"> Children's Safeguarding Police Poppy Project 	<ul style="list-style-type: none"> Children's Asylum Team Children's Services Trafficking Toolkit 	<ul style="list-style-type: none"> Police Stalking Help line Victim Support

NB: Indicator lists are not exhaustive and do not always indicate a specific form of violence/abuse. However a multi agency response is always required.

Harrow's Domestic and Sexual Violence: A guide for professionals

(DSV includes: Forced Marriage, FGM, honour based violence, DV, sexual assault/rape, stalking/harassment, trafficking, exploitation & prostitution)

Professional Guidance:

- Use this referral guidance alongside the "Domestic and Sexual Violence Guidance for Professionals: November 2010". This document can be downloaded from:
www.harrow.gov.uk/downloads/file/2339/dv_and_sv_guidelines
- All risk assessment templates and related documents are on www.harrowlscb.co.uk/Workers/Guidance_and_Procedures.aspx and www.harrow.gov.uk/info/100010/health_and_social_care/354/domestic_violence
- Domestic Violence is a 'process' not an 'incident'. Work with the victim/s holistically.
- If you are not trained in risk assessment or safety planning methods contact the designated Safeguarding Professional in your service or team. Always explain the limits of confidentiality with the victim or young person.
- Reassure the victim or child that the violence is not their fault.
- Record all information, referrals, assessments and interventions.
- Always consider additional vulnerabilities of the victim/child including mental health, substance misuse, disabilities and Black, Minority, Ethnic, Refugee (BMER).
- In some cases going through a risk assessment with a victim may help them to think through their situation and make decisions about their safety.
- Before going through any assessment, ensure the victim: has time, is safe to talk, is alone, knows where the perpetrator and children are and understands why you are going through a risk assessment.
- Risk assessments are structures to help you make an informed decision using your professional judgement. They are not definitive assessments of risk.
- Always remember that risk is not static and can change over time. Risk assessments should be conducted regularly and used as a prompt for further questioning.
- If the violence involves sexual assault it is important that you contact the local Sexual Assault Referral Centre (SARC) and/or police to ensure evidence of the assault is not lost. This includes the victim not showering, going to the toilet, drinking or washing their clothes. When a sexual assault is reported to the police a specially trained officer attends the victim and coordinates the investigation. You can go direct to the SARC without going to the police.